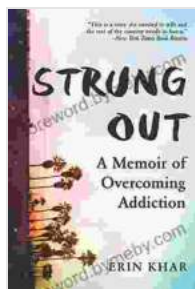


One Last Hit: The Lies That Nearly Killed Me

A Memoir of Addiction and Recovery

In the gripping memoir "One Last Hit," the author takes readers on a harrowing journey through addiction and recovery, revealing the devastating impact of lies and the power of truth.



Strung Out: One Last Hit and Other Lies That Nearly Killed Me by Erin Khar

★★★★☆ 4.5 out of 5

Language	: English
File size	: 2162 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
X-Ray	: Enabled
Word Wise	: Enabled
Print length	: 240 pages



From the first intoxicating hit to the depths of despair, the author recounts their struggle with addiction in raw and unflinching detail. They expose the lies they told themselves and others, the denial and rationalizations that kept them trapped in a cycle of self-destruction.

As the addiction takes hold, the author's life spirals out of control. Relationships are shattered, dreams are abandoned, and health deteriorates. The once-familiar world becomes a dark and dangerous place.

But amidst the chaos, a flicker of hope emerges. Through the support of loved ones and the guidance of a therapist, the author begins to confront the lies they have been telling themselves.

The journey to recovery is not without its challenges. The author faces setbacks and temptation, but they refuse to give up. With each step forward, they learn the importance of honesty, accountability, and self-forgiveness.

"One Last Hit" is a powerful and inspiring story of addiction and recovery. It is a testament to the resilience of the human spirit and the transformative power of truth. This book is a must-read for anyone struggling with addiction or seeking to understand its complexities.

About the Author

The author of "One Last Hit" is a recovering addict who has dedicated their life to helping others on the path to recovery. They have spoken at numerous events, sharing their story and offering hope to those who are struggling.

The author's passion for helping others is evident in their writing. "One Last Hit" is not only a gripping memoir but also a valuable resource for anyone seeking to understand addiction and its impact.

Reviews

"One Last Hit" has received critical acclaim from both readers and critics.

"A powerful and unflinching account of addiction and recovery. The author's raw honesty and hard-won wisdom make this book a must-read for anyone

struggling with addiction or seeking to understand its complexities." - Our Book Library reviewer

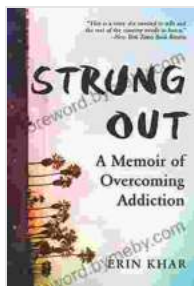
"This book is a lifeline for anyone struggling with addiction. The author's journey is both heartbreaking and inspiring, and their insights into the nature of addiction are invaluable." - Goodreads reviewer

"One Last Hit" is a must-read for anyone who has been touched by addiction. It is a story of hope, resilience, and the transformative power of truth." - Publishers Weekly

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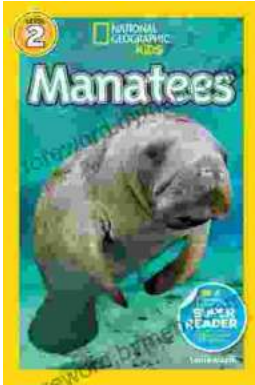
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