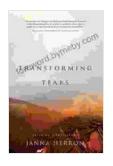
Transforming Tears: Healing Your Emotional Wounds Through the Power of Prayer



By Janna Herron



Language : English
File size : 3201 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 286 pages



In *Transforming Tears*, Janna Herron shares her personal journey of overcoming childhood trauma and depression through the power of prayer. This book is a must-read for anyone who has experienced emotional pain and is looking for hope and healing.

Herron begins her story by describing the abuse she suffered as a child. She was physically, emotionally, and sexually abused by her father. As a result of this abuse, Herron developed PTSD, depression, and anxiety. She also struggled with suicidal thoughts.

Herron's story is heartbreaking, but it is also inspiring. She shows how she was able to overcome her trauma and find healing through the power of prayer. Herron believes that prayer is a powerful tool that can help us to connect with God and find the strength to overcome our challenges.

In *Transforming Tears*, Herron shares the prayers that she used to heal from her trauma. She also provides practical tips for how to pray effectively. This book is a valuable resource for anyone who is struggling with emotional pain and is looking for hope and healing.

Here is a sample prayer from *Transforming Tears*:

66

"Dear God, I come to you today with a heavy heart. I have been carrying around so much pain for so long. I feel lost and alone. I know that you love me and that you want to help me. I pray that you will give me the strength to overcome my trauma. I ask that you would heal my wounds and fill me with your peace. I need your help to find hope and healing. In Jesus' name, amen."

If you are struggling with emotional pain, I encourage you to read *Transforming Tears*. This book will help you to find hope and healing through the power of prayer.

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Thank you for reading!

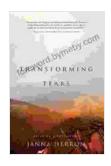
Sincerely,

Janna Herron

Transforming Tears by Janna Herron

 $\bigstar \bigstar \bigstar \bigstar 5$ out of 5

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