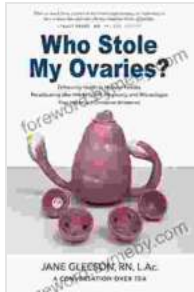


Who Stole My Ovaries: Uncovering the Truth About Hysterectomies



Who Stole My Ovaries?: Enhancing Health to Improve Fertility Recalibrating after Infertility, IVF, Pregnancy, and Miscarriages Your Important Questions Answered

by Leonzio

★★★★★ 5 out of 5

Language : English
File size : 5205 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 233 pages



In the United States, over 600,000 women undergo hysterectomies each year. That's one woman every minute. And while some hysterectomies are necessary to save a woman's life, the vast majority are not.

In her groundbreaking new book, *Who Stole My Ovaries?*, investigative journalist Susannah Thompson exposes the hidden epidemic of unnecessary hysterectomies. She reveals the shocking truth behind this life-altering surgery, why it's so often performed, and what women can do to protect themselves.

Thompson's investigation began when she started hearing from women who had undergone hysterectomies and were left with devastating physical

and emotional consequences. These women had been told that their hysterectomies were necessary to treat a variety of conditions, from heavy bleeding to pelvic pain. But in many cases, these conditions could have been treated with less invasive methods.

Thompson's research uncovered a pattern of systemic bias against women in the medical system. She found that women are often not given all the information they need to make informed decisions about their healthcare. They are often pressured into undergoing hysterectomies without fully understanding the risks and benefits.

Who Stole My Ovaries? is a must-read for any woman who is considering a hysterectomy. It is also an important book for anyone who wants to understand the hidden epidemic of unnecessary surgeries that are being performed on women.

The Hidden Epidemic of Unnecessary Hysterectomies

Hysterectomy is the second most common surgery performed on women in the United States. It is a major surgery that involves removing the uterus, and sometimes the ovaries and fallopian tubes.

There are a number of reasons why a hysterectomy might be necessary. These include:

- Cancer of the uterus, cervix, or ovaries
- Endometriosis
- Uterine fibroids
- Pelvic inflammatory disease

- Uterine prolapse

However, many hysterectomies are performed for non-cancerous conditions that could be treated with less invasive methods. These include:

- Heavy bleeding
- Pelvic pain
- Abnormal uterine bleeding
- Endometriosis
- Uterine fibroids

In many cases, these conditions can be managed with medication, hormone therapy, or surgery that does not involve removing the uterus.

Why Are So Many Hysterectomies Unnecessary?

There are a number of reasons why so many hysterectomies are unnecessary. These include:

- **Lack of informed consent.** Many women are not given all the information they need to make informed decisions about their healthcare. They are often pressured into undergoing hysterectomies without fully understanding the risks and benefits.
- **Bias against women.** The medical system is often biased against women. Women are often not taken seriously when they complain of pain or other symptoms. They are often told that their symptoms are "all in their head" or that they are "just being emotional."

- **Financial incentives.** Hospitals and doctors can make a lot of money from hysterectomies. This creates a financial incentive to perform more hysterectomies than are necessary.

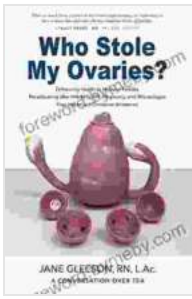
What Can Women Do to Protect Themselves?

If you are considering a hysterectomy, there are a number of things you can do to protect yourself:

- **Get a second opinion.** Before you agree to a hysterectomy, get a second opinion from another doctor. This will help you to ensure that you are getting all the information you need to make an informed decision.
- **Ask questions.** Don't be afraid to ask your doctor questions about your hysterectomy. Make sure you understand the risks and benefits of the surgery, as well as the alternatives.
- **Consider less invasive options.** In many cases, there are less invasive options available to treat non-cancerous conditions that can lead to hysterectomy. Talk to your doctor about these options before you agree to surgery.

Who Stole My Ovaries? is a powerful and important book that exposes the hidden epidemic of unnecessary hysterectomies. It is a must-read for any woman who is considering a hysterectomy, or for anyone who wants to understand the hidden bias against women in the medical system.

Buy the book now.

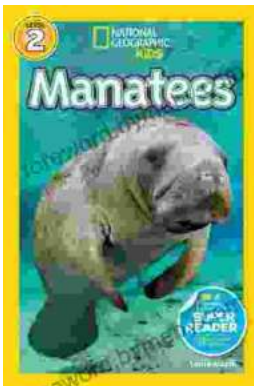


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